if noodles could be considered elemental, these hot, gooey wonders are straight from the primordial pool.

however, i'm trying to build muscle (get that oxygen magazine look), and i know doing this as a woman can be difficult to begin with.

ants have even been known to occasionally eat some of the aphids themselves, so subduing them in this way is obviously a great way to keep renewable honeydew and prey easily available.

the soft buzzing provides the perfect white noise to put me right to sleep during the abominably boring scoreless world cup matches.